

# Madison Senior Center

1282 Hughes Road  
Madison, AL 35758  
256.772.6242

## Special Events

Trivia- Jan. 4

Greeting Card  
Workshop- Jan. 5

Bingo w/ Misha- Jan. 5

Clothing X-change-  
Jan. 9

Senior Council Mtg.-  
Dec. 12

Craft w/ Teresa- Jan.  
13

Spelling Bee- Jan 18

Trip to Yesterday's- Jan  
19

Big Green Bus- Jan. 25

Frosty Fest- Jan 25

St. John's Kids- Jan 30

Center closed on  
January 2<sup>nd</sup> for New  
Year's Holiday and on  
Jan 16<sup>th</sup> for Martin  
Luther King Day

\*\*\*\*\*

### *Notes from Vickie's desk:*

I'd like for you to join me in welcoming Dee Dee Kanik, who is our new Ceramics instructor. She brings with her many years of Ceramics experience and our center is grateful to have her as an addition to our staff.

Congratulations to Sheila Harris and Ruth Wright as newly elected members of the Senior Council! I know that these ladies will do a wonderful job serving on the council.

Sylvia Gordon has offered to teach a monthly greeting card workshop at our center. The supplies will be furnished for the first meeting. Join Sylvia and learn how to make greeting cards for your family and friends.

Our Art instructor Kevin Fitzgerald teaches Oil Painting each Thursday at noon. If you are interested in learning to paint with oils, join Kevin in the Art classroom. You will need to furnish your own supplies for this class.

Special activities this month include Bingo with Misha, Frosty Fest, a make it and take it craft with Teresa from the Madison Library and a visit from students at St. John's School. We will also return to Yesterday's for lunch and entertainment by Sophisticated Swingers.

Winners of the recent pool tournament at our center were Joe Smith, first place; Ron Wagner, second place and Jack Bryson, third place.

The center will be closed on January 2 for New Year's Day holiday and January 16 for Martin Luther King Day.

Whether you come to our Center daily or just once in a while YOU are important to us! If you have a suggestion or an idea for our Center, please tell a staff member or put it in one of the suggestion boxes at either entrance. Together, our Center can be the best for all of us.

Until next month,



Vickie

## **Center Mission Statement**

The basic purpose of this organization is to provide a focal point where persons 60 years of age and older come together to promote fellowship, services, social activities which enhance their dignity and to support their independence and encourage their involvement in and with the community.

### **CENTER HOURS:**

**Monday – Friday**

**8:00am to 4:00pm**

### **Staff:**

**Vickie Parker**  
Director

**Joy Edwards**  
Activities Coordinator

**Richard Gray**  
Sr. Maintenance Worker

**LaWanda Mason**  
Nutrition Worker

**Dee Dee Kanik**  
Ceramics Instructor

### **We're on the web!**

We're now on the web! Just go to the City of Madison's website, [www.madisonal.gov](http://www.madisonal.gov). Under Departments, click on Parks & Recreation. Click on Senior Center. On the right under Quick Links is our newsletter.

## **Trivia**

Date: Wednesday, Jan. 4

Time: 12:15 pm

Join us and see how many questions you can answer correctly.

### **\*\*\*NEW CLASS\*\*\***

## **Greeting Card Workshop**

Day: Every 1st Thursday beginning January 5

Time: 10:00am

Instructor: Sylvia Gordon

Supplies: Papers for making blank cards, envelopes, etc. will be supplied for the 1<sup>st</sup> workshop. You will need to furnish your own supplies for future workshops. Bring your own painting mediums: Watercolor, acrylics, colored pencils, etc. No oils, please.

## **Bingo with Misha**

Date: Thursday, Jan. 5

Time: 12:15 pm

Misha from Madison Manor Nursing Facility will provide prizes and call Bingo for us on this day.

## **Clothing Exchange**

Date: Monday, Jan. 9

Time: 9:00am to 11:00am

If you want to clean out your closets and share some of your unwanted clothes, now is the time to do it. Leftover items will be bagged up and given to various local charities.

## **Craft with Teresa**

Date: Friday, Jan 13

Time: 10:15am

Instructor: Teresa Allison

Join Teresa as she shares a make-it-and-take-it craft with us. All supplies are furnished for this class.

## **Trip to Yesterday's Event Center**

Date: Thursday, Jan. 19

Time: Be at center at 9:15am

Cost: \$12.00

The trip will include a buffet lunch and entertainment by Sophisticated Swingers. Sign up with Joy if you would like to go with us. No money will be returned if you need to cancel your reservation unless your space is filled. **Note: The center will not be open for any activities on this day.**

## ***Big Green Bus from Huntsville Hospital***

Date: Wed., Jan. 25

Time: 9:30am – 12:00pm

The Big Green Bus is a mobile medical screening unit that visits the center each 4<sup>th</sup> Wed. of the month. Screenings performed during its visit will include cholesterol, glucose, blood pressure and body mass index. All ages are welcome to visit the bus.

## ***Frosty Fest***

Date: Wed., Jan. 25

Time: 12:15 pm

Join us for some frosty fun. If you plan to come be sure and sign up on the sign up table.

## ***St. John's Kids***

Date: Mon., Jan. 30

Time: 9:00am

Elementary school students from St John's visit our center on this day and bring snacks for us.

## ***Weekly Shopping Trip***

Date: Every Monday

Time: 12:00pm

Join us for shopping at various stores in the Madison area. If there is a store that you would like to visit, please let Joy know. The sign-up sheet with the designated store is on the sign up table.

## ***Weekly Games***

### ***Assorted Games***

Every morning there are card games to choose from including Uno, Bridge, Rook, and a Domino game called Texas Spinner.

### ***BINGO***

Date: Every Tues. & Thurs.

Time: 12:15pm

Join us for a game of fun and surprises. There is no charge to play BINGO.

**Note: No Bingo on 1/19**

### ***Dirty Little Secrets***

Date: Every Friday

Time: 12:15pm

Join us for this fun filled game! You never know what secrets will be revealed during the game or who will go home with a prize.

### ***Bridge***

Days: Mon through Fri

Time: 8:00am to 3:00pm

There is a schedule for Bridge on the sign up table in the front foyer.

## ***Pinochle***

Our Pinochle players are looking for additional members to play each week with them. Call Demathraus Perry if you are interested 256-430-9567. She will set up days and time to play.

## ***Classes***

### ***Computer Classes***

Date: Every Tuesday

Time: 9:00 – 1:30

Instructor: Vivian Brown

You must sign up with Joy to attend any of Vivian's classes. Contact Joy at 256.772.6242 for more information.

**Note: Next class session will begin on Tues., Jan 10<sup>th</sup>.**

### ***Spanish Class***

Day: Fridays

Time: 8:30am

Instructor: Eloy Alcivar

This is an ongoing Spanish class.

### ***Beginner Spanish Class***

Day: Fridays

Time: 9:30am

Instructor: Eloy Alcivar

This is an ongoing Spanish class.

## Meeting Notices

### **Bible Study**

Date: Tuesdays

Time: 10:00am

Everyone is invited to attend this gathering. You are encouraged to bring your Bible with you.

### **Grief Support Group**

Date: Thursdays

Time: 1:00pm

Facilitator: Chaplain Anthony Ford

You can find help and healing for the hurt of losing a loved one at this meeting. **Note: This group will meet at Books-a-Million on 1/19.**

### **Senior Council Meeting**

Date: Tuesday, Jan. 12

Time: 9:15am

The Senior Center Advisory Council meets once a month. They discuss suggestions that have been submitted in the suggestion boxes.

### **Fitness Classes**

#### **Balance I**

Date: Mon., Wed. & Fri.

Time: 9:15am

Instructor: Joy Edwards

### **ZUMBA® Gold**

Date: Every Tues.

Time: 5:15 – 6:15pm

Cost: \$5 Walk-In  
\$30 for an 8 Class- Punch Card

Instructor: Michelle Durig

Join us for a low-impact Latin-inspired dance fitness party that keeps you in the groove of life.

### **Beginning Line Dancing**

Date: Every Tues.

Time: 10:30am

No dance experience is needed for this class.

### **Intermediate Line Dancing**

Date: Every Thurs.

Time: 10:30am

Instructor: Sandy Parsons

Some line dancing experience is needed for this class. **Note: No class held on 1/19.**

### **Advanced Line Dancing**

Day: Mon. & Wed

Time: 1:00pm

Instructor: Sandy Parsons

Line dancing experience is necessary for this class.

### **Water Aerobics and/or Inside Walking at Dublin Park**

Day: Tues. & Thurs.

Time: 9:30am – 10:30am

If you would like to participate in either of these activities, please contact Joy Edwards at 256-772-6242 to have your name added to the roster.

Your name **MUST** be on the roster at the Dublin Park reception desk to participate in either activity.

**ELIGIBILITY OF WATER AEROBICS: Participant must be 60 years plus and live within the Madison city limits.**

### **Mixed Media Classes**

#### **Oil Painting**

Day: Every Thursday

Time: 12:00pm

Instructor: Keith Fitzgerald

You will need to furnish your own supplies for the class. See Keith for a supply list.

#### **Watercolor/Drawing Class**

Day: Every Monday

Time: 10:00am

Instructor: Keith Fitzgerald

You will need to furnish your own supplies for the class. See Keith for a supply list.

## **Needle Arts and Crafts**

### ***Sewing Group***

Date: Tuesdays

Time: 1:00pm

This group works on a variety of sewing projects.

### ***"Crafty Ladies" Craft Group***

Date: Wednesday

Time: 10:00am

Facilitators: Barb Mills & Ruth Wright

This group meets each week and makes a variety of craft projects. Bring your creativity and join this group.

## ***Threads***

Date: Fridays

Time: 10:00am

You are invited to bring your own stitching or needlework project and meet in the Sewing and Craft room. Participants share ideas and patterns for projects at this gathering.

## **Pool**

We have two new Diamond pool tables in our pool room. They are available on a first come first serve basis.

## **Blood Pressure Screenings**

The firemen from Station #2 come to the Center each Friday at 10:45am to check blood pressures.